



2009 World Championship Trials Time Standards

| Women | | | Event | Men | | |
|----------|----------|----------|--------------|----------|----------|----------|
| LCM | SCM | SCY | | SCY | SCM | LCM |
| 26.39 | 25.59 | 22.89 | 50 Fr | 19.99 | 22.49 | 23.29 |
| 56.99 | 55.39 | 49.69 | 100 Fr | 43.89 | 49.29 | 50.89 |
| 2:03.09 | 1:59.89 | 1:47.19 | 200 Fr | 1:36.49 | 1:49.69 | 1:52.89 |
| 4:19.39 | 4:12.99 | 4:45.49 | 400/500 Fr | 4:22.69 | 3:53.59 | 3:59.99 |
| 8:50.49 | 8:44.09 | 9:59.39 | 800/1000 Fr | 9:17.29 | 8:14.03 | 8:19.29 |
| 17:04.09 | 17:13.99 | 16:28.79 | 1500/1650 Fr | 15:24.49 | 15:29.59 | 15:53.59 |
| 1:03.89 | 1:02.69 | 54.79 | 100 Bk | 48.59 | 56.49 | 57.69 |
| 2:17.49 | 2:15.09 | 1:58.29 | 200 Bk | 1:45.89 | 2:02.59 | 2:04.99 |
| 1:12.29 | 1:10.29 | 1:02.39 | 100 Br | 54.86 | 1:02.69 | 1:04.69 |
| 2:35.99 | 2:31.99 | 2:14.99 | 200 Br | 1:59.89 | 2:16.79 | 2:20.79 |
| 1:01.59 | 1:00.19 | 53.89 | 100 Fl | 47.89 | 53.59 | 54.99 |
| 2:16.69 | 2:13.89 | 1:59.29 | 200 Fl | 1:46.79 | 2:01.09 | 2:03.89 |
| 2:19.59 | 2:16.39 | 2:00.29 | 200 IM | 1:47.59 | 2:03.99 | 2:07.19 |
| 4:55.89 | 4:49.49 | 4:16.29 | 400 IM | 3:53.29 | 4:24.09 | 4:30.49 |
| 3:51.09 | 3:44.69 | 3:25.99 | 400 Fr-Rel | 3:00.44 | 3:20.29 | 3:26.69 |
| 8:21.59 | 8:08.79 | 7:20.35 | 800 Fr-Rel | 6:38.29 | 7:22.10 | 7:42.49 |
| 4:16.19 | 4:09.79 | 3:45.09 | 400 Med-Rel | 3:21.79 | 3:43.89 | 3:50.29 |

Qualifying period: Nov. 29, 2007 to entry deadline