

Shark Day Camp

This is for Shark swimmer only – 8:30am to 4:30 pm

Coach Nicole and Erin Rhoades will run the camp and it starts next Monday.

\$25.00 dollars per day – drop ins welcome. We start at the hospitality room.

Swimmers need to bring suit, goggles, lunch, and sun screen. Don't forget your sneakers.

Activities are swim instruction, water park, Spanish, climbing tower, arts & crafts and a lot of fun.

Dates:

June 2,3,4,5 (3254)

June 9,10,11,12,13 (3255)

June 16,17,18,19 (3256)

June 24,25,26,27 (3257)

June 30, July 1,2,3 (3258)

July 7,8,9,10,11 (3259)

July 14,15,16 (3260)

July 22,23,24 (3261)

Please sign up at the front desk across in the main building. Use the code number in parenthesis when signing up. We run this camp as a service for you all. This is Shark swimmers only so the swimmers are generally well behaved and a cut above. Make sure to support our swim camp! Need additional info? Call Coach Watts at 922 9622.

COACH SHOFE

I wanted to thank all of you who assisted with the Sharks Tri-Club Triathlon. It was a huge success!

I also wanted to thank everyone for coming out and volunteering at our recent home swim meet. It was a great success and the meet was fast with good competition.

Before you know it, our June Invitational will be here. That meet is a bit more challenging, as it is a 10-session swim meet. Please sign up early to help out. We have some great out-of-area teams coming in and it should be a great meet.

Coming up, June 16-18, 2008, we will be conducting a swim-a-thon type of fundraiser. The official name is, "Swim-For-Sharks" – "Swim to Beijing". We will run normal practices and add the total yardage/mileage and see if our swim program was able to accumulate enough miles to swim to Beijing. We hold this type of fundraiser, every other year. Proceeds go towards our Selby Capital

Improvement Fund, which covers lane ropes, starting blocks, timing system, heating-cooling system repairs, and pool covers.

More information will come home next week, via mail. We will also have additional information sheets at the pool and at practice. Donors can write a check for any amount. All donations will receive a tax credit letter from the Sarasota Family YMCA, Inc.

SARASOTA YMCA SHARKS
SENIOR / JUNIOR SCHEDULE
SUMMER - 2008

SENIOR / JUNIOR – SECTIONAL / NATIONAL GROUP

**** Standards for the group, to be determined****

Monday-Wednesday-Friday	6:00-8:45 AM
Tuesday-Thursday	6:00-9:30 AM
Monday-Wednesday-Friday	2:30-5:30 PM
Saturday	7:30-10:30 AM

SENIOR / JUNIOR – J.O. / AREA 3/5 / SENIOR CHAMP GROUP

****Must be 13 & over****

Monday – Friday	8:00-11:00 AM
Tuesday-Thursday	3:00-5:30 PM
Saturday	9:30-12:00 noon

From Coach John-

The long course season is in full swing and our Venice swimmers are off to a great start! With only two meets under our belts, I am extremely excited with the results and looking forward to June and July leading into JO's. I couldn't be more proud of how our Short Course season ended. Numerous best times at Y States and Spring JO's have created a boost in energy and work ethic making the pre-summer workouts a great training environment! Let's keep up the enthusiasm and continue to grow our Venice site into the team we all know it can be!

Summer Practice Schedule:

Senior & College training group: M-F 7-9AM

Gold: Dry-land Mon-Thu 4:30-5PM, Swim Mon-Fri 5-7PM, Sat 8-10

Black: Dry-land Mon-Thu 4:30-5PM, Swim Mon-Fri 5-6:30, Sat 8-10

From Coach Erin-

Things are off to a great start in this long course season and I look forward to the upcoming months of the summer. Great Job to all the swimmers that attended the Memorial Meet. We had numerous best times and for many it was their first long course swim meet. I am looking forward to more great swims at the upcoming meets in St. Pete and Punta Gorda on June 7-8. Our Pre-Team and Novice group are growing bigger every week as well as improving every day! Their next developmental meet will be at the Venice YMCA pool on June 14th at 12:30pm. It is wonderful to see how much all the groups are improving. Keep up the hard work!!

From Coach Terri

Here is the latest Preteam, Novice and White team update:

- 1) There is NO PRACTICE THIS COMING MONDAY, May 26 in honor of Memorial Day.
- 2) The next meet for our swimmers is the Summer Series 1 meet hosted by the Charlotte County Swimming team. It will be held on Saturday, June 7. Warm-up is at 8:00, meet start at 9:00. This meet is great for our Preteam, Novice and White team swimmers. We would like to see as many swimmers as possible participate in the meet. It is an easy drive to the pool and the meet will not last long. This is a 25 yard (short course) pool – NOT LONG COURSE 50 METERS! Coach Terri must know of your intention to swim (either by email or in writing) by Wednesday, May 28. Let's have a large Sharks contingent participating in the meet!
- 3) We are scheduling a parent meeting for Wednesday, June 11 at 5:30 PM. (in between the 2 practices) Coach Terri will discuss the summer meet schedule, our goals for training your swimmers, 'move-ups', as well as answer any questions you may have. This is a great way to get a good picture of this whole activity called 'competitive swimming! Coaches Courtney and Bob will be running practice during the meeting.
- 4) We will be having swim team tryouts for two consecutive weeks – Wednesday, May 28 and Thursday, May 29 and then again the following week on Wed. June 4 and Thurs. June 5. Either Coach Courtney or Coach Bob (or both) will be running tryouts. Coach Terri will run practice as usual on those days. If you have any friends interested in swimming, please encourage them to come try out.
- 5) Our next swim camp will be this Friday, May 23 from 6:30 – 9:30. We will be focusing on breaststroke and freestyle. Registration is still open. Register at the front desk across the street if you are interested.

GREAT JOB THOSE SWIMMERS WHO COMPETED IN THE MEMORIAL MEET THIS PAST WEEKEND! WE ARE SO PLEASED WITH THE SWIMS AND PROUD OF OUR SHARKS. YOU WERE TERRIFIC! KEEP UP THE GREAT WORK!

Coach Terri

Coach Bob

Coach Courtney

From Coach Watts

Upcoming events for Black & Gold

June 6-8 CVST at St. Pete
June 19-22 Shark Open at Selby
June 25 Adventure Island – More info later

Please note that J.O.s is now a 4 day meet, July 17-20 at UF
Zones – 40 swimmers are being selected now and the last 8 spots will be selected at the J.O. meet. The 6th and 7th spot for the 11 – 12 and 13-14 girls and boys. Selection is based on high point totals. Any questions – call Coach Watts.

Cell Phone – I am in the process of getting a new cell phone. 809-1610 will no longer be working. I can be reached at work 922 9622 or swatts@sarasota-ymca.org

Summer schedule starts June 2 – Monday.

Black group:

Mon thru Fri 5:30 to 7:00 pm (water time)

Saturday – 10:30 to 12:00 noon

Dry-land Mon thru Thurs 5:05 to 5:30 pm

Gold group

Mon thru Friday 11:00 to 1:00 pm (water time)

Saturday 8:30 to 10:30 am

Dry-land – Mon & Wed weights 1:00 to 1:45 pm in the teen center

Sat 8:00 to 8:30 am weights in the teen center

Tues & Thurs 10:30 to 11:00 am tubing behind the bleachers

From Coach Rick

All of the Sharks Masters were very excited to see the banner the Sharks put up for us prior to Y Nationals. We feel very fortunate to be part of such a great and winning team!

We will be holding our annual LC meet June 14 and 15 and will be needing timers. As usual community service hours are available. Masters swimmers love it when the Sharks are our timers! Janet Clark will be putting a sign up board in the foyer in the near future. Thanks in advance for your help.

Rick Walker

Coach Sharks Masters

We now are up to 34 swimmers in May and are expecting more to come from our swim camp that we offer in June for area youngsters that want to know more about competitive swimming. We are also holding tryouts like you all. As you know we have a large group of first time senior swimmers and hope to gain even more over the summer break. That is about it from Englewood. Is that even news worthy for you?

Thanks! DP Hall

