

Age Group Newsletter for May 2007

COACH SHOFE

What a great year. I hope everyone had a chance to attend the Sharks Celebration at Pine View last Sunday. What a great event !! Thanks to Peg Rauch, Linda Showalter, Bob & Ginger Clark, and Steve Largo, the event was one of the best.

Congratulations to all swimmers, parents, and coaches, for a great year of swimming. It may be one of the best years, in the Club's history.

SHARKS TRI-CLUB TRIATHLON – May 12th

This was a great event that we assisted with and are taking over in the future. We had 50+, 13 & over swimmers and Shark parents volunteering in this event this year. The proceeds will benefit the Sharks Swim Team.

2007 KENT B. HOLDREN MEMORIAL INVITATIONAL – MAY 18-20, 2007

We need all parents who have swimmers in the meet to sign up and volunteer at the meet. Next Wednesday, those families who have swimmers in the meet and our not signed up, the coaches will sign you up. Go to our web page to pick the job of your choice by Wednesday @ SYSHARKS.ORG

OLYMPIC TRIAL SPECTATOR TICKETS

These tickets go on sale, May 24th. They can be purchase through ticketmaster.

SARASOTA COUNTY SPECIAL OLYMPICS

The Sarasota County Special Olympics will be held at Selby, Saturday, July 14th.

The Area Special Olympic Championships will be held Saturday, August 18th @ Selby. This event the Sharks have assisted with in the past. More information on this event will be coming shortly.

SUMMER PRACTICE SCHEDULES

These schedules will be posted on the Sharks website and will begin, Wednesday, May 23, 2007.

2008 SHARKS AWARDS CELEBRATION

Please mark your calendars, as we have scheduled the event in April 2008. The date that we have set is Sunday, April 13, 2008 @ Pine View @ 3:00 PM. We scheduled it earlier to avoid end of the school year conflicts and swim meet conflicts.

SWIMMER/PARENT MEETING

There will be a swimmer / parent meeting, Wednesday, May 30th, at 6:30 PM for swimmers who will be Seniors in High School, next Fall, interested in swimming in college. The meeting will cover everything you will need to know about the recruiting process.

The meeting will be held in the hospitality room.

From Coach Watts
Upcoming Meets and Events

May 6	Team Banquet	Pine view 3:00pm
May 11 & 25	Friday Night Swim Clinic Call coach Watts for info	Selby 6:30 to 9:30 pm
May 18-20	Memorial Meet	Selby
June 7 – 10	Gulf Coast	Ft Myers

Summer Practice Schedule

Black – Monday thru Friday 5:15 to 6:45 pm

Saturday – 10:30 to 12:00 noon

Gold – Monday thru Friday 11:00am to 1:00pm

Dry-land Monday thru Thursday 10:30 to 11:00 am

Saturday 8:30 to 10:30 am

Weights 8:00 to 8:30 am in teen Center

Sharks Summer Camp

Ages 8 to 12

Starts May 29th and runs through the week. 8:30 am to 4:30 pm. This is a day camp as opposed to an all day swim camp. The swimmers are involved in a variety of activities from swimming, softball, wall climbing, kayaking and more.

The cost is \$20.00 per day. Sign up across the street at the front desk. We run the camp around swim team and swim meets. Contact me if you want ½ days and so on. We will work with your schedule. Swimmers must provide their own lunch. Sign up now as enrollment is limited.

Friday Night swim Clinic – May 25

We have just a few spots left. 6:30 to 9:30 pm Sign up across the street in the main building at the front desk.

Leave your swimmers with us and go on a date. We are promoting great strokes and strong families! We will even feed the swimmers. (Pizza)

My wife and I thank the swim team for all the prayers and gifts through the last four weeks. The prayers were huge and the food was fantastic – around three pounds for me. God bless you all.

Thank you Shark Swim Team!

From Coach Mark

The start of long course is off and running with what I thought was a pretty good meet this last weekend in Highlander. Thought the trip was fun, especially going to Wonderworks again, and that you were all well behaved. Looking forward to doing it next year. As for the end of the short course season, great job at the Area 3/5 championships. Tim Bradley had numerous best times and quite a few first place finishes as did Jessica Pall. Congratulations to Alex Stock on making his first Jo cut, way to go Alex. Parents remember our Memorial meet is less than 3 weeks away, and once again WE NEED VOLUNTEERS!!!! Practice schedule this summer was sent out to everyone. We will go 8:00-11:00am Mon-Fri., Sat. will be from 9:30-12. Afternoon practices will be on Tues. and Thurs. from 3:00-5:15pm, senior group we will lift at 2:15 those afternoons before practice. Great opportunity to go 8 practices a week this summer, sure hope you all take advance

From Coach Bob

Our next Developmental Meet is on Saturday, May 12th in the diving well of our pool. It's for Pre-Team and Novice swimmers only.

A note for the calendar: The first summer Developmental Meet is scheduled for Friday night, June 15th, at the same location.

Remember: Coach Bob's lanes are always warm.

Coach Piper

ESJ PRE / NOVICE / WHITE GROUPS

CONGRATULATIONS to all who received awards at the Sharks Annual Awards Banquet! For those of you who couldn't make it, awards will be available for pick-up this week in the Sharks office.

Congratulations also to all swimmers who moved up! I am so proud of each one of you! No matter what group you are practicing with, remember to give maximum effort at each practice to get good results at the meets! Our Novice & White swimmers are really coming along with their freestyle and backstroke flip turns and have some FANTASTIC starts!!

Summer is just around the corner so here is some important NEWS:

SUMMER SHARK SWIM CAMP is available exclusively for Shark Swimmers! Sign-ups are across the street at the main desk. The fee is \$20 per day. Camp begins at 8:30 am and we will be busy all day until afternoon practice! Activities include *swimming, water park, rock climbing, kayaking, pottery, bowling and miniature golf!* What a great way to make new team friends and keep busy this summer!

There are still openings for the two stroke clinics. Sign-up across the street at the main desk.

Friday, May 11th, 6:30-9:30

Friday, May 25th, 6:30-9:30

Our summer practice schedule is as follows:

Preteam - Mondays / Wednesday / Fridays 4:30-5:30

Novice (Silver) - Tuesday / Thursdays 4:30 - 5:30, Fridays 5:30-6:30, occasional Saturdays

White - Mondays thru Thursdays, 5:30-6:30, occasional Saturdays

Our Developmental Meet Dates are as follows:

Saturday, May 12th, 12:00 noon

Friday, June 15th, 5:30 pm

Friday, July 13th, 5:30 pm

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All Novice & White group Sharks will be entered in the upcoming Memorial Meet May 19-20th, unless you have noted otherwise on your meet sheet you turned in. We will need each family to volunteer *at least two* shifts!

Thanks to ALL parent volunteers and your help and support! We will be having bi-monthly new team member meetings starting this month. IF you haven't been to a parent orientation, have questions, or want to find out more feel free to attend! I will hand out information on these meetings *after* try-outs for new Sharks on May 9th & 10th.

From Coach Terri at Berlin:

The Berlin Sharks continue to train well as we approach the summer season! We have been focusing a great deal of time and attention to our technique in all four strokes, so our IM's will be strong! Add to that our endurance training sets and the results should be some great swims at the Memorial Meet!

Speaking of the Memorial Meet, let's make it a goal to have 100% participation from Berlin at the Memorial Meet (at least one day, if you can't do both)!

Our summer practice schedule will remain the same - Monday through Thursday from 5:30 - 6:30.

Please remember that on Thursday, May 10 we will be holding tryouts for swimmers interested in joining the Sharks. I will post a workout for White team to come in and do with little supervision from me for anyone who would like to come practice.

Please remember to bring water bottles to practice - as it gets hotter outside, it gets hotter inside as well in the pool area...you need to stay hydrated during practice!

Keep swimming hard...I am very proud of you! Coach Terri