

NEWSLETTER – APRIL 2008

COACH LARRY SHOFE

Ashlee Linn – Olympic Trail Qualifier

Congratulations to Ashlee Linn for qualifying for the Olympic Trials in the 100 Backstroke, at the Southern Sectional Championships in March. Ashlee joins Corinne Showalter, Ashley Largo, Ryan Crete, and Austin Detra who have already achieved a time to qualify for the Olympic Trials.

The day following YMCA Nationals, more shark swimmers will be attempting to qualify for the Olympic Trials. Hopefully we will have additional swimmers qualify, as this will be the last opportunity.

Florida Junior Olympics / Florida Senior Championships

Congratulations to all of those who competed in these championships and defended our team titles. The win at Junior Olympics is the fifth in a row and the win at Senior Championships is the fourth in a row. These championships are a result of the efforts of the swimmers, coaches, and the parents. We should all be proud.

USA Swimming Gold Medal Team

If you have been on the team website, you know by now that we have achieved USA Swimming's Gold Medal Club status within the Club Excellence Program, established in 2003. We are the first YMCA team to reach this level and we are the first club team from the state of Florida to achieve this level.

Below are the swimmers, and their long course events that helped us achieve this honor:

- **All swimmers who attended a USA Swimming Senior National Championships.**
- **All swimmers who attended the US Open Championships.**
- **Corinne Showalter & Ashley Largo for being ranked in the top 150 of the World.**
- **Blair Collins – 200 Backstroke**
- **Kata Foder – 200 Free, 400 Free, 800 Free**
- **Ashley Largo – 400 Free, 800 Free**
- **McKayla Lightbourn – 200 IM, 400 IM**
- **Lauren Piper – 400 IM**

- Corinne Showalter – 400 Free, 800 Free
- Pat Ceddia – 200 Free, 400 Free, 1500 Free
- Mark Cox – 100 Fly, 200 Fly
- Austin Detra – 200 Free, 400 Free, 1500 Free
- Matt Kaminske – 400 Free, 1500 Free
- John Orban – 400 Free, 1500 Free

Area 3/5 Championships

I want to thank all of those who volunteered at the Area 3/5 Championships, especially those of you who did not have swimmers competing in the meet. Hosting home meets provides an opportunity for our swimmers to not incur travel/hotel expenses to compete at an out-of-town swim meet.

Entry/Escrow Accounts

As we have done in the past, please send your entry/escrow payment through the mail. It seems recently many payments have been slipped under doors, and we have over five (5) payments that are missing. We have never had this problem before.

On April 1, 2008, billing statements will be sent out that will have all meets through YMCA Nationals included on the statements. In order to have your swimmer entered in the next team meet, Highlander – April 25-27, 2008, your entry/escrow account will need to be paid in full. Rosemary Shofe will be turning this account over to the YMCA, and we need to have everyone paid in full, ASAP.

Thank you for your attention to this request.

Sharks Tri-Club Triathlon – May 10, 2008

The Sharks Tri-Club is hosting their annual May Triathlon, May 10th. As we have done in the past, we will be assisting in the running of the event. All revenue from the event will benefit our swim team. Please look for the sign-up on the website.

Kim Motta – Sharks Administrative Assistant

I am pleased to officially announce that Kim Motta is our new Administrative Assistant. She will be handling all monthly EFT billings for our team, the master's team, and the SASSY team. All questions/concerns should be directed to her. She will also be handling the entry/escrow account. She can be reached through the YMCA @ 922-9622, extensi
2008 Swim-For-Sharks Fundraiser

We have held a swim-a-thon, every other year; to raise funds for capital needs of the Selby Aquatic Center, that are swim team related. Two years ago we raised funds and purchased all new lane lines.

This May/June we are going to hold a swim-a-thon type of fundraiser to purchase the remaining pool covers that we need. Also, we are hoping to begin to build up a capital reserve for unexpected expenses. Our heating/cooling systems are a big concern, as if one goes out, it is a major expenditure to replace one.

We may try and achieve a goal of the team swimming to Beijing, China.

More information will be distributed in mid-April. We will be having the Master's Swim Team and the SASSY Swim Team assisting in this fundraising effort.

From Coach Watts

Swim team break Black & Gold March 28 thru April 5. Start back April 7.

Team Celebration is coming April 13th 3:00 to 7:00 pm at the Pineview Auditorium. Please sign up so we know how many Shark families will attend.

**Swim Clinic Friday night (parents night out)
May 2nd and May 23rd from 6:30 to 9:30 pm at the Aquatic Center
This is for the Pre-team, Novice, White, and Black team swimmers who have not made J.O.s
Call Coach Watts or Coach Leap for more info
922 9622**

**Summer Shark Day Camp
\$25.00 per day drop ins welcome
Our camp swim, kayaks, climbs, and just plain fun.
Camp runs all day 8:30 am to 4:30 pm
Swimmers must bring lunch
High School swimmers who need community hours may volunteer
Sign up at the front desk in the main building. Call Coach Watts for info
Week #1 June 2,3,4,5 code # 3254
Week #2 June 9,10,11,12,13 code # 3255
Week # 3 June 16,17,18,19 code # 3256
Week #4 June 24,25,26,27 code # 3257
Week # 5 June 30, July 1,2,3 code # 3258
Week # 6 July 7,8,9,10,11 code # 3259
Week #7 July 14,15,16 code # 3260
Week # 8 July 22,23,24 code # 3261**

Age Group Meet Schedule 2008

April 12	Charlotte	Punta Gorda
	B level Swimmer	
April 18	St. Pete Friday Night Races	St. Pete
April 19	Developmental	Selby
April 26 – 27	Highlander	Orlando
May 10	Developmental	Selby
May 16-18	SYS Memorial	Selby
May 31	Open Water J.Os	Ft Myers
June 6-8	CVST	St. Pete
June 14	Developmental	Selby
June 19-22	Shark Open	Selby
July 10	Developmental	Selby
July 12	Brandon	Brandon
	Last Chance for J.O. times	
July 17-20	J.O.s	Gainesville
	Qualifiers	
July 26-27	Area 3/5	St. Pete
	Below J.O. Senier is Open	
July 29 to Aug 3	Zones	Atlanta
	Qualifiers	

Please note:

J.Os is a full 4 day meet this summer

Friday night races we will attend Friday only

I need your meet sheet ASAP

Summer Practice Schedule (start June 2)

Black – Monday through Friday 5:30 to 7:00 pm

Saturday 10:30 to 12:00 noon

Dryland Monday through Thursday 5:05 to 5:25 pm

Gold – Monday thru Friday 11:00am 1:00pm

Saturday 8:00 to 10:30 am

Dryland 10:30 am to 11:00 am

Hello children,

Hope you all have a nice and safe spring break. Congratulations to all of you for another successful season, you've done a great job these last few weeks and I anticipate a good summer. Summer schedule will be out shortly; it shouldn't vary much, if at all from last season. Looking forward to all the moveups into the junior 2 group, it's going to be a great group. Good luck At Y National Sharks!

From Rick Walker/Sharks Masters Coach

Thanks to all the Sharks swimmers who helped at our Black vs. Gold intrasquad meet a few weeks ago. With your help we were able to achieve a nice donation for the YMCA Caring Campaign. We love it when the Sharks are there spurring us on to fast times!!

In a message dated 3/11/2008 10:38:37 A.M. Eastern Daylight Time, swatts@sarasota-ymca.org writes:

Junior 1 Group News: Coach Brown

Congratulations to all of the swimmers that competed during the championship season. (Junior Olympics, Sr. Championships, or Area 3/5's) You all swam great, and your months and months of hard work, paid off. Be sure to

thank your parents for all of the time they dedicated to you so that you can chase your goals and dreams.

Next week, April 1st thru the 4th, the Sharks YMCA National Team will be in Ft. Lauderdale attempting to defend our women's, men's, and combined team totals. You all can follow the swim meet as it happens, with real time results, by going to the national YMCA website at www.ymcaswimminganddiving.org

To all swimmers that will not be competing in YMCA Nationals, your last day of practice will be Thursday March the 27th. Enjoy your time off, and enjoy your time being a normal teenager. If you want to stay ahead of the curve, do some crunches or assorted ab work and some light easy running during your break.

For all Shark parents and swimmers, mark your calendar now, we will need your help on Saturday morning May the 10th helping run the Sharks Triathlon Club, Annual Triathlon. We will need every swimmer and as many parents as possible to help insure that this event is run smoothly and efficiently. We will need everyone to work from 6-11 a.m. Please remember that all proceeds from this event go directly to the Sharks swim team.

Swimmers returning from break, on Monday and Tuesday April the 7th and 8th we will be running a combined practice only from 4:30 to 6:30 p.m. We will return to our normal practice schedule on Wednesday April the 9th.

Thanks to everyone for their continued support, and lets make this upcoming long course season our best one ever!

Coach Brown

From Coach Terri, Coach Bob and Coach Courtney: Things are going great with all of our Preteam, Novice and White team swimmers. Attendance is great and attitude is even better! As the school year winds down many swimmers will have conflicts with school and practice. If your swimmer needs to attend practice at a different time than usual due to a conflict, please let Coach Terri know - it should be no problem to have them get in with a different and thus allow them to get in a practice that they might otherwise miss. We would ask that you check with one of us first so that we are aware of the change in schedule.

We will be taking a break from practice during the week of Spring Break. I (Coach Terri) will be talking to swimmers that I feel should move up to the next level whether it is preteam/novice to White, or White to Black. We are aiming to make the moves to the next team when we return from Spring Break. If you have any questions, please contact me.

Swim Clinics: We highly recommend these clinics for our Preteam, Novice and White teamers. The information about these clinics is available - they will be held on two Friday nights in May (great for a 'date night' with your spouse). Very beneficial for your swimmer!

The Spring/Summer competitive meet schedule is available. If you have not filled one out, please get one from Coach Terri the next chance you get at practice and turn it back in as soon as possible. Remember, we rely on these to do the entries. If we do not have one from your swimmer, he/she will not be entered in the meets.

Coach Bob, Coach Courtney and I just want to say that we continue to enjoy working with your swimmers. They are a hard-working group of kids...it is fun for us to watch the steady improvements they are making!

Thank you for the privilege of coaching your children!

Coach Terri