

## **Age Group Meet Schedule for 2006/2007**

### **1. Swim Meet Schedule**

<b>Oct 13-15</b>	<b>WFLA</b>
<b>Nov 5</b>	<b>SYS Senior Meet</b>
<b>Nov 17-19</b>	<b>SYS Turkey Meet</b>
<b>Dec 1 – 3</b>	<b>UF</b>
<b>Dec 9</b>	<b>B Champs</b>
<b>Dec 15-17</b>	<b>Cat</b>

**Age Group Break Dec 22-25, Jan 1**

### **Future Meet Dates**

<b>Jan ?</b>	<b>Y – Meets</b>
<b>Jan 12-14</b>	<b>SYS I/c Invit (Some gold only)</b>
<b>Feb 9-11</b>	<b>Y-States at I-Y</b>
<b>Feb 22-25</b>	<b>J.O.s at at I-Y</b>
<b>March 16-18</b>	<b>Fla I/c Invit. At SYS (some gold only)</b>
<b>March 23-25</b>	<b>3-5s at SYS</b>
<b>March 23-25</b>	<b>All-Stars at Ft Pierce</b>

**Age Group Break March 26 to March 31**

### **Major Summer Dates**

<b>April 20</b>	<b>Fri Night Races at St. Pete</b>
<b>April 28-29</b>	<b>Highlander</b>
<b>May 18-19</b>	<b>SYS Memorial Meet</b>
<b>May 25</b>	<b>Fri Night Races at St Pete</b>
<b>June 21 –23</b>	<b>SYS Invit</b>
<b>July 19-22</b>	<b>J.O.s at UF</b>
<b>July 27-29</b>	<b>Area 3-5s at St. Pete</b>
<b>July 31-5</b>	<b>Zones at Houston</b>

**Age Group Break July 30 to Aug 12**

## **Upcoming events**

**Oct 1, FCA at the teen center 2:00 to 4:00 pm,  
Ages 12 & over**

**Sept 30, Oct 1<sup>st</sup>, Florida Annual Meeting**

**Oct 8, SYS Triathlon at Siesta Key**

**Oct 13-15, WFLA at Largo**

## **High School**

**Sept 30, Rotary meet at Largo**

**Oct 11, SHS – RHS, SACH Tri Meet**

**Oct 21, District weekend**

**Oct 28, Region weekend**

**Nov 4, State Weekend in Ft. Lauderdale**

**Did you know only 3 % of the nationally ranked 10&U  
Are nationally ranked as 15 & overs.**

## **News From The Coaches**

### **From Coach Shofe**

**I hope everyone is settled into their daily routines, of transporting kids to school and swim practice. It seems we have gotten off to a good start with our adjusted practices schedules.**

**I want to thank all of you who attended our meeting at the Pine View School, in August. Those of you who attended received the 2006-2007 SYS Handbook. There is**

**Some great information that is helpful to all involved in our program. At the meeting we outlined team goals, introduced the entire coaching staff, including the coaches of the Venice training site.**

**All families that swim at Selby and Berlin should have received financial information regarding the family assessments, (White, Black, Gold, Junior I & II, Senior I & II) and information on monthly bank draft and registration fee, if you have missed any payment. All monthly bank draft questions, should be directed to Ms. Christine Petrov @ 951-**

**2916, ext. 1011. Any questions on your escrow/entry fee account should be directed, in the mail with your statement.**

**I hope everyone has signed up to help with our major fundraising effort, the Siesta Key Triathlon, Sunday, October 8<sup>th</sup>. If you have not signed up to volunteer, please go to the teams website, [sysharks.org](http://sysharks.org), to sign up.**

**We have added a long course invitational to our schedule, the Sunday after the High School State Meets, November 5<sup>th</sup>. We have had great interest in this meet, as you may only qualify for the US Olympic Trials, long course. We will run two sessions, one at 10:00 AM and the second session at 2:00 PM. Also, we have our Invitational, November 17-19, 2006, approaching fast. We have had great interest in this meet, as well. This is a prelim / final invite, which will have 7 sessions, and we will most likely be running two 25 yard courses in prelims for the 13 & over swimmers. So, be on the lookout for the volunteer sign-up on our website.**

#### **COACH LARRY SHOFE – NATIONAL / SENIOR I GROUPS**

**We are more than half way through our short High School swim season, and all seem to be swimming quite well. With that said, I am expecting great performances this fall.**

**The major invitational, for the fall that we are pointing towards, is the Gator Invitational, December 1-3, 2006 and the US Open, November 30 – December 2, 2006. We will be offering charter bus transportation/hotel for all 13 & over qualifiers for the Gator Invite. The swimmers attending the US Open, at Perdue University, will be flying out of Sarasota on Wednesday, November 29<sup>th</sup> and returning Sunday, December 3<sup>rd</sup>. Information sheets on both meets will be available in October.**

**Pre-Team**

**Novice & White Teams - ESJ**

**WOW! What a large and enthusiastic group we have!!**

**The Sharks just received new kickboards, so we will be doing alot more kicking in October to strenghthen our legs. The White team has been supplementing with dryland training before practices.**

**The biggest improvement has been in the backstroke -- we are so pleased with their body positioning and learning to rotate their arms. The younger swimmers are beginning to get horizontal in the water and are getting stronger every day.**

**Our first Developmental Meet, with over 80 young swimmers, was a HUGE success. We had swimmers from the Venice Y & Englewood to compete against! We saw many happy faces with their ribbons! The results are posted outside the girls locker room taped to the wall. Parents, don't forget your cameras -- Our next Developmental Meet is scheduled for Friday, October 13th at 6:00 pm.**

**Please remember to come prepared every day. This means, SUIT, GOGGLES and Cap (if necessary). You might want to pack an extra pair of goggles just in case! Thank you parents, for staying off the deck and letting us do our job. The water park will soon be closed and locked. We would appreciate if parents stay in the stands on the north side of the pool.**

**MARK YOUR CALENDARS:**

**Siesta Key Triathlon, Sunday, October 8th. Sign up on the website now to volunteer. Any level of experienced accepted. Many jobs are prior to race day, so you can help in many ways. Food donations are needed.**

**Turnkey Meet - November 17-19th. Every family should plan on volunteering. Have no fear, we take the inexperienced and will also have a Parent Meeting and volunteer training in November for any position that you sign up for.**

**Coach Piper & Coach Bob**

**Junior 1 Group News—From Coach Brown**

**Congratulations to all of the swimmers who swam at the Daytona Beach Meet earlier this month. There were a lot of personal best times, which**

is extremely encouraging for this early in the season. A special congratulation to both Kirt Davis and Tucker Atkins who both shared the high point award in the 13-14 boys age-group at this meet.

**Upcoming events:**

**SYS Siesta Key Triathlon—Sunday October the 8<sup>th</sup>.**

All swimmers in the Junior 1 Group are expected to be at Siesta Beach early Sunday morning to assist in the running of our team's annual biggest fundraiser. In lieu of this, we have changed our practice schedule for that weekend. Since you will be assisting in the running of the triathlon, you will have two options for practice that weekend. The first option is to practice on Saturday (October the 7<sup>th</sup>) from 3-5 in the afternoon. Or, you may practice from 12-2 p.m. on Sunday (October the 8<sup>th</sup>). You are expected to attend one of those practices.

**Parents of Junior 1 swimmers:** If you have not already signed up yet to volunteer for the Triathlon, please do so today by going to the shark's website [www.sysharks.org](http://www.sysharks.org) and clicking on the triathlon link. Good spots are going fast, be sure to get your preferred spot by signing up today.

**Largo Swim Meet—October 13-15**

This is our first big local meet of the fall season. Parents and swimmers, please be sure to allow extra time getting to this meet, in particular on Friday evening. Traffic can be extremely slow in that area, allow extra time to ensure that your child can get their adequate, and sufficient warm-up.

Swimmers have been doing a very good job in practice, not only with their effort and intensity but most importantly with their attendance!!! Swimmers and parents, keep up the good work, it will all pay off at your big meets this season.

**Coach Brown**

### **From Coach Mark**

**Please welcome two new swimmers to the program, Michael and Patrick Czupryna are juniors at Lakewood Ranch High School. Welcome to the Shark Family. Real happy with the kids from the senior and junior 2 groups that are taking advantage of the morning practices that are being offered, would love to see more though. Don't forget to volunteer at our triathlon Sunday October 8<sup>th</sup>. Keep up the good work.**

### **From Coach Bob**

**The Developmental Meet on September 15, which featured our newest Pre-Team and Novice swimmers, was an unqualified success. Ninety competitors, many of whom were experiencing competition for the first time, put on a great show for a group of more than one hundred parents.**

**We'll do it again on Friday, October 13 from 6-8:30 PM at our pool. Pay us a visit!**

### **From Coach Andy**

**Things down in South County are going extremely well. Am excited to report that many of the kids already have made amazing progress in terms of practice etiquette, stroke technique, and endurance. All groups in Venice, and Englewood are moving along at a great clip towards success!**

**Andy Rose**