

### Senior 1 Thanksgiving Week Practice Schedule

11/22	Monday	3:00 to 4:30 pm	(boys lift, girls dryland)
11/23	Tuesday	3:00 to 5:30 pm	(girls lift, boys dryland)
11/24	Wednesday	7:30 to 10 am	(boys lift, girls dryland)
11/25	Thanksgiving	7:30 to 9:30 am	
11/26	Friday	7:30 to 10 am	(girls lift, boys dryland)
11/27	Saturday	7:30 to 10 am	