

2011 SARASOTA Y “TOM HERRINGTON” INVITATIONAL

November 18th through 20st, 2011

Selby Aquatic Center, Sarasota, Florida

- Sanctioned By: Florida Swimming of USA Swimming Sanction # 5644
 "In granting this approval it is understood and agreed that USA-SIFL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."
- Condition of Sanction: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
 Any swimmer entered in the meet, unaccompanied by a USA-S member coach must be certified by a USA -S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Hosted By: Sarasota Y Sharks swim team
- Type of Meet: Outdoor, 25 yard – 8 or 10 lane short course meet; the size of the meet will determine the pool configuration for each session, 6/10, 8/8, or one 10 lane course. Depth is 5 ft to 12 ft.
 Timed Finals (Age Groups & Seniors) – **All events will be fastest to slowest**
 Meet management may opt to use fly-over starts at this competition
COACHES PLEASE NOTE: Relays may be dropped in order to comply with the four (4) hour time limit rule. Events and/or heats may be combined
- Dates & Times: Friday, Nov. 18th: 5:30 pm start (13 & over 400 IM, 12 & under 200 IM, 500 Free)
 Saturday, Nov. 19th : 8:30 am session start (13 & overs)
 Not before 12 Noon (12 & unders)
 Sunday, Nov. 20st: 8:30 am session start (13 & overs)
 Not before 12 Noon (12 & unders)
- Location: Selby Aquatic Center
 8301 Potter Park Drive
 Sarasota, FL 34238
 Directions to Pool at <http://sysharks.org/map.html>
- SYS Official Host Hotel: **HOLIDAY INN EXPRESS – SIESTA KEY/SARASOTA**
 6600 South Tamiami Trail (US 41)
 Sarasota, Florida 34231 (3 miles from the pool)
(941) 924-4900 and ask for “**Sharks Swim Rate**”. **Website - www.hiexsarasota.com**
 Stay includes bagged “breakfast to go” for early morning swimmers and a \$25 charge for the option of Sunday 4pm checkout for all finals swimmers.
- Pool Specifications: Water depth at the competition starting and turn end is a minimum of 5 feet, 0 inches.
 Outdoor, heated, short course yards
 Certified 25 yard, 26 lane pool
 One or two, 8 or 10 lane courses (or combination) may be used depending on number of entries
 Kiefer, non-turbulent lane lines; KDI Paragon starting blocks
- Timing Equipment: Colorado Automatic Timing, pads & buttons & stop watches
 Computer scoring
 Colorado Timing Score Board
- Warm-up: Friday, Nov. 18th: 4:00 pm warm-up
 Saturday, Nov. 19th &
 Sunday, Nov. 20st:
 Morning Sessions: 7:00 am warm-up
 Afternoon Sessions: warm-up - 45 min. prior to start; session start no earlier than 12 Noon
 25 yard, 6 lane warm up/warm down available during meet

- Eligibility: Open to all currently registered USA Swimming swimmers with a registration number. The meet manager reserves the right to limit the entries in order to ensure each session is 4 hours or less.
- Entry Limit: Swimmers will be limited to a maximum of four (4) individual events per session and five (5) individual events per day. Entries that exceed the entry limit(s) will automatically be dropped when they exceed the limit. No limit on relay entries, but each team should designate relay teams "A", "B", "C", etc.
- Seeding: Short Course, 25 Yard times will be used for seeding. Conversions, using the formula in the current Florida Swimming Handbook may be used for entry purposes.
- Scratch Penalty: No penalty for scratching on the block with the exception of deck seeded distance events.
- Deck Seeded Events: **Distance events (500 Free, 1000 Free, 1650 Free and 400 IM) will require an athlete to positively check in to compete in that event. If an athlete checks in to compete and to positively swim and then does NOT show for that event, a penalty will then be in effect for that athlete's next individual event.**
- Deck seeded events will close for seeding at the specified times listed in the order of events. Check-in must be done with the clerk of the course prior to the listed check-in time to be seeded in that event. Any swimmer, properly entered in an event, who fails to check-in for that event by the designated cutoff time, will be allowed to swim only if open lanes are available. No new heats will be formed.
- Entries: **Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format.** A signed hard copy printout is acceptable as proof of entry in place of the enclosed entry forms. **Disk or e-mailed entries must be accompanied by a backup hard copy of the entry. Free text e-mail entries will not be accepted.** List all attending coaches, and contact phone numbers in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of file. If using the enclosed Entry Form, the form will serve as proof of entry. The legal name and current USA Swimming Registration Number for each swimmer must be listed on the Entry Form. The Master Entry Form must accompany the proof of entries and a current USA Swimming Member must sign the form.
- Deck Entries: Deck entries may be accepted by the Meet Referee or his/her designee no less than **1 hour (Friday) or 45 minutes (Saturday/Sunday)** prior to the start of the session under the following conditions:
- * Swimmers must meet all other standard requirements of the meet.
 - * Entry & meet fees must be paid at time of entry (**\$10.00/event plus \$7.50 facility fee if swimmer not already entered in the meet**)
 - * A swimmer may not scratch an event to deck enter an event.
 - * A swimmer may only deck enter an event that has an existing empty lane, no new heats will be established.
- Entry Fee: All ages – Individual Events: **\$3.00** per Individual Event
 Relay Events: **\$5.00** per Relay Event
 Facility Fee: **\$7.50** per Swimmer
 Deck Entries: **\$10.00** per Deck Entry
 Entry fees must accompany entries. Entries will not be accepted without payment.
- Entry Deadline: All entries must be received by **6:00 pm on Wednesday, November 9th, 2011**
 No phone or fax entries accepted, we recommend Express Mail or other rapid mail service.
- Mail Entries to: Sherwood Watts
 c/o Sarasota Y Sharks
 8301 Potter Park Drive
 Sarasota, FL 34238
 (941) 922-9622
 E-mail Hy-Tek entries to: **jwclark51@earthlink.net**

Make checks payable to: SARASOTA Y SHARKS

Officials:	Meet Referee:	Allen Hillman
	Admin. Referee:	Mark Davis
	Starter:	Bill Wall
	Head Stroke & Turn:	Gary Erlenmeyer
	Marshall:	Randy Averett
	Meet Manager:	Sherwood Watts
Scoring:	Individual	Top 8: 9, 7, 6, 5, 4, 3, 2, 1
	Relay	Top 8: 18, 14, 12, 10, 8, 6, 4, 2
Awards:	Individual Events:	Medals - 1 st thru 3 rd Place Ribbons - 4 th thru 8 th Place Heat Winner Ribbons for 10 & Under and 8 & Under
	Relay Events:	Ribbons - 1 st thru 8 th Place (14 & Unders only – 15 & Overs will not receive awards for Relay Events)
	Individual High Point	Trophies - 1 st & 2 nd Place in each Age Group
	Combined Team	Trophies - 1 st & 2 nd Place (Host team ineligible)
Team Representative:	Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, the coach and that person only will be recognized.	
Identification:	Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet. *NO SPECTATOR, 18 & OVER, WILL BE ADMITTED INTO THE SELBY AQUATIC FACILITY WITHOUT SHOWING A PHOTO ID (i.e. Drivers License) - This is YMCA Policy for your children's safety. COACHES PLEASE INFORM YOUR SWIM PARENTS.	
For Information:	SARASOTA SHARKS OFFICE (941) 922-9622 Sherwood Watts or Steve Brown	
Rules:	Current USA Swimming Rules & Regulations will govern. Safety rules, as outlined by USA Swimming and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up/warm-down areas. The USA Swimming "no recall" start will be used as outlined in 102.14.4H.	
Disabilities:	Please notify the Meet Manager or Meet Referee PRIOR to the meet if you have an athlete with a disability and let us know how we can assist the athlete. It is the coach's and/or athlete's responsibility to notify meet management prior to the meet.	
Spectator Seating:	Spectators will NOT be allowed on the competition pool deck. Spectator seating will be clearly designated.	
Distance Check-In:	All Coaches must check-in their swimmers for the 400 IM and 500 Freestyle by 4:30 PM on Friday . The 13 & over 1000 Free and 1650 Free events must be checked in by 8:30 AM on Saturday/Sunday ; the 11-12 1000 Free must be checked in by 12 Noon or session start time (whichever is later) on Saturday .	
Distance Events:	The 13 & over 400 IM's (Friday) will be seeded and swum together as multi-age, either by gender or mixed gender depending upon pool configuration but broken out by age group and gender for scoring.	

The **12 & under 200 IM's** (Friday) will be seeded and swum together as multi-age (10 & under and 11-12), either by gender or mixed gender depending upon pool configuration but broken out by age group and gender for scoring.

The **500 free** (Friday) will be seeded and swum together as multi-age (10 & under, and up), either by gender or mixed gender depending upon pool configuration but broken out by age group and gender for scoring.

- * The **13 & over 1000 free** (Saturday AM) may be limited to the 15 fastest 13-14 girls, 15 fastest 13-14 boys, 15 fastest 15-16 girls, 15 fastest 15-16 boys, 15 fastest Senior girls, and 15 fastest Senior boys. Total swimmers seeded may be limited to 90 and swum together as multi-age, mixed gender but broken out by age group and gender for scoring.

The **11-12 1000 free** (Saturday PM) will be seeded and swum together as mixed gender but broken out by gender for scoring.

- * The **13 & over 1650 free** (Sunday AM) may be limited to the 10 fastest 13-14 girls, 10 fastest 13-14 boys, 10 fastest 15-16 girls, 10 fastest 15-16 boys, 10 fastest Senior girls, and 10 fastest Senior boys. Total swimmers seeded may be limited to 60 and swum together as multi-age, mixed gender but broken out by age group and gender for scoring.
- * NOTE: If either the 13 & over 1000 or 1650 free event does not have sufficient entries to fill the entry limit for that age group, the vacant spots will be filled by the next fastest available swimmer of that gender first but regardless of age group.
- * NOTE: If a swimmer is entered and gets cut from either the 13 & over 1000 or 1650 free event due to entry limits, that swimmer may DECK ENTER another event as long as they do not exceed the maximum entries per session and per day rule. If they do NOT enter another event, they will be REFUNDED the entry fee for the events from which they were cut.
- * NOTE: Entry times for the 13 & over 1000 and 1650 free events will be subject to verification with the USA Swimming database.

Camera Zones:

Per Florida Swimming Rule 223.12, Meet Management has designated the only camera zone for the meet is the bleachers on the North side of the pool. Parents are not permitted on the pool deck, thus the only camera zone will be the North Bleachers. When swimmers are doing 25's, which start from the North side, no pictures from behind the blocks will be permitted. No camera will be permitted in the locker rooms or changing areas of the pool.

WARM-UP SCHEDULE

***** NO EQUIPMENT PERMITTED *****

SWIMMERS MUST ENTER THE WATER FEET FIRST WITH AT LEAST ONE HAND IN CONTACT WITH THE POOL DECK EXCEPT WHEN EXECUTING A CONTROLLED RACING START, SUPERVISED BY A COACH.

- The referee/marshal may alter warm-up procedures to meet the needs of the swimmers.

General Warm Up (Start of warm-up period until the last half-hour)

Lane(s)

- | | |
|---|---|
| 1 | Push off 50's or 100's pace – circle swimming |
| 2 | Racing Starts - one length only (from the south end only) |
| 3 | Swimming and pulling only – push off - circle swimming |
| 4 | Swimming and pulling only – push off - circle swimming |
| 5 | Swimming and pulling only – push off - circle swimming |
| 6 | Swimming and pulling only – push off - circle swimming |
| 7 | Swimming and pulling only – push off - circle swimming |
| 8 | Push off 50's or 100's pace – circle swimming |

Controlled Warm Up (Last half-hour of warm-up period)

Lane(s)

- | | |
|---|---|
| 1 | Pace 50s - push off – circle swimming |
| 2 | Racing Starts - one length only (from the south end only) |
| 3 | Swimming and pulling only – push off - circle swimming |
| 4 | Swimming and pulling only – push off - circle swimming |
| 5 | Swimming and pulling only – push off - circle swimming |
| 6 | Racing Starts - one length only (from the south end only) |
| 7 | Racing Starts - one length only (from the south end only) |
| 8 | Pace 50s - push off – circle swimming |

Order of Events

Friday, November 18th, 2011

<u>EVENT #</u>	<u>AGE</u>
1-2	13 & Over
3-4	12 & Under
5-6	

Warm-up 4:00 pm

<u>EVENT</u>
400 IM
200 IM
500 Free

Timed Finals 5:30 pm

<u>NOTE</u>
* 1
* 2
* 3

Saturday, November 19th, 2011

<u>EVENT #</u>	<u>AGE</u>
7-8	13-14
9-10	15-16
11-12	Senior
13-14	13-14
15-16	15-16
17-18	Senior
19-20	13-14
21-22	15-16
23-24	Senior
25-26	13-14
27-28	15-16
29-30	Senior
31-32	13-14
33-34	15-16
35-36	Senior
37-38	13-14
39-40	15-16
41-42	Senior
43-44	13-14
45-46	15-16
47-48	Senior
-- 10 minute break --	
49 M	13 & Over

Warm-up 7:00 am

<u>EVENT</u>
200 IM
200 IM
200 IM
100 Fly
100 Fly
100 Fly
50 Back
50 Back
50 Back
100 Breast
100 Breast
100 Breast
100 Free
100 Free
100 Free
200 Back
200 Back
200 Back
50 Breast
50 Breast
50 Breast

Timed Finals 8:30 am

<u>NOTE</u>
* 4

Saturday, November 19th, 2011

<u>EVENT #</u>	<u>AGE</u>
51-52	11-12
53-54	10 & Under
55-56	8 & Under
57-58	11-12
59-60	10 & Under
61-62	8 & Under
63-64	11-12
65-66	10 & Under
67-68	8 & Under
69-70	11-12
71-72	10 & Under
73-74	8 & Under
75-76	11-12
77-78	10 & Under
79-80	8 & Under
81-82	11-12
83-84	10 & Under
85-86	8 & Under
-- 10 minute break --	
87 M	11-12

Warm-up 45 min. prior to PM session

<u>EVENT</u>
200 Free Relay
200 Free Relay
100 Free Relay
100 IM
100 IM
100 IM
50 Breast
50 Breast
50 Breast
100 Free
100 Free
100 Free
100 Fly
100 Fly
25 Fly
50 Back
50 Back
50 Back

Timed Finals not before 12 Noon

<u>NOTE</u>
* 5

Sunday, November 20 st , 2011		Warm-up 7:00 am	Timed Finals 8:30 am
<u>EVENT #</u>	<u>AGE</u>	<u>EVENT</u>	<u>NOTE</u>
89-90	13-14	200 Free	
91-92	15-16	200 Free	
93-94	Senior	200 Free	
95-96	13-14	50 Fly	
97-98	15-16	50 Fly	
99-100	Senior	50 Fly	
901-102	13-14	200 Breast	
103-104	15-16	200 Breast	
105-106	Senior	200 Breast	
107-108	13-14	100 Back	
109-110	15-16	100 Back	
111-112	Senior	100 Back	
113-114	13-14	200 Fly	
115-116	15-16	200 Fly	
117-118	Senior	200 Fly	
119-120	13-14	50 Free	
121-122	15-16	50 Free	
123-124	Senior	50 Free	
-- 10 minute break --			
125 M	13 & Over	1650 Free	* 6

Sunday, November 20 st , 2011		Warm-up 45 min. prior to P.M. session	Timed Finals not before 12 Noon
<u>EVENT #</u>	<u>AGE</u>	<u>EVENT</u>	<u>NOTE</u>
127-128	11-12	200 Medley Relay	
129-130	10 & Under	200 Medley Relay	
131-132	8 & Under	100 Medley Relay	
133-134	11-12	100 Breast	
135-136	10 & Under	100 Breast	
137-138	8 & Under	25 Breast	
139-140	11-12	200 Free	
141-142	10 & Under	200 Free	
143-144	8 & Under	25 Free	
145-146	11-12	100 Back	
147-148	10 & Under	100 Back	
149-150	8 & Under	25 Back	
151-152	11-12	50 Fly	
153-154	10 & Under	50 Fly	
155-156	8 & Under	50 Fly	
157-158	11-12	50 Free	
159-160	10 & Under	50 Free	
161-162	8 & Under	50 Free	

Notes:

- * 1 The 13 & Over **400 IM** will be deck seeded and swum **Fastest to Slowest, regardless of age, either by gender or mixed gender depending upon pool configuration**, with results broken out and scored separately by gender and age group (13-14, 15-16, and Senior). All swimmers must be checked-in with the Clerk of Course by **4:30 p.m. on Friday**.
- * 2 The 12 & Under **200 IM** will be swum **Fastest to Slowest, regardless of age, either by gender or mixed gender depending upon pool configuration**, with results broken out and scored separately by gender and age group (10 & Under, and 11-12).
- * 3 The **500 Free** will be swum **Fastest to Slowest, regardless of age, either by gender or mixed gender depending upon pool configuration**, with results broken out and scored separately by gender and age group (10 & Under,

Notes: (Cont'd)

11-12, 13-14, 15-16, and Senior). All swimmers must be checked-in with the Clerk of Course by **4:30 p.m. on Friday.**

- * 4 The 13 & Over **1000 Free** will be deck seeded and swum **Fastest to Slowest, mixed gender, regardless of age**, with results broken out and scored separately by gender and age group (13-14, 15-16, and Senior). This event may be limited to the 15 fastest 13-14 girls, 15 fastest 13-14 boys, 15 fastest 15-16 girls, 15 fastest 15-16 boys, 15 fastest Senior girls, and 15 fastest Senior boys, for **a total of 9 heats (90 swimmers) assuming one 10 lane pool (configuration may be changed per meet letter)**. Swimmers must provide their own counters and timers for this event; there will be a 10 minute break prior to the start of this event. All swimmers must be checked-in with the Clerk of Course by **8:30 a.m. on Saturday.**
- * 5 The 11-12 **1000 Freestyle** will be deck seeded and swum together, **Fastest to Slowest, mixed gender**, with results scored separately by gender. Swimmers must provide their own timers and counters for this event; there will be a 10 minute break prior to the start of this event. All swimmers must be checked-in with the Clerk of Course by the **latter of the Session Start time or 12 Noon on Saturday.**
- * 6 The 13 & Over **1650 Free** will be deck seeded and swum **Fastest to Slowest, mixed gender, regardless of age**, with results broken out and scored separately by gender and age group (13-14, 15-16, and Senior). This event may be limited to the 10 fastest 13-14 girls, 10 fastest 13-14 boys, 10 fastest 15-16 girls, 10 fastest 15-16 boys, 10 fastest Senior girls, and 10 fastest Senior boys, for **a total of 6 heats (60 swimmers) assuming one 10 lane pool (configuration may be changed per meet letter)**. Swimmers must provide their own counters and timers for this event; there will be a 10 minute break prior to the start of this event. All swimmers must be checked-in with the Clerk of Course by **8:30 a.m. on Sunday.**

MASTER ENTRY FORM
2011 SARASOTA Y "TOM HERRINGTON" INVITATIONAL
 Hosted by: Sarasota Y Sharks
 November 18th through 20st, 2011

Team Name _____ Call Letters _____

Address _____

E-Mail _____

Coach _____ LSC _____

Home Phone () _____ Office Phone () _____

Swimmer/Coach Registration

I certify that all individuals listed on the attached entry forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on-deck supervising the activities of these individuals during all warm-up and competitive sessions at the meet.

Name of coach	Team
_____	_____
_____	_____
_____	_____

I certify that the individuals listed above are currently registered USA Swimming coach Members and that I am a current USA Swimming registered Non-athlete member.

 Signature Team Date

Entry Deadline: - 6:00 pm on Wednesday, November 9th, 2011

Mail to: Sherwood Watts
 c/o Sarasota Y Sharks
 8301 Potter Park Drive
 Sarasota, FL 34238

E-mail Hy-Tek entries to: **jwclark51@earthlink.net**

Financial Recap:

We have entered the following:

Total Swimmers: (Facility charge) _____ @ \$ 7.50/swimmer = _____

All Individual Events _____ @ \$ 3.00/swimmer = _____

All Relay Events _____ @ \$ 5.00/relay = _____

Total Entry Fee Enclosed \$ _____

Make check payable to: **SARASOTA Y SHARKS**